



Dinner Program - FAQ's & participation requirements

Participation Requirements

- All volunteers must be completely illness/symptom free (cold, flu, fever, stomach virus, etc.) for at least 14 days prior to volunteering.
- Volunteers will complete a health questionnaire and temperature reading upon arrival at the RMHCLV location. We are implementing these measures out of an abundance of caution and to ensure the health of everyone at our House.
- Volunteers must always bring and wear a facemask (which must cover their nose & mouth)
- Volunteers may not have traveled to a high-risk COVID area within 14 days of participating. RMHCLV defines high-risk areas as any state with more COVID cases per 100,000 people than Nevada, as tracked per the CDC's rates list, OR any state with 10% or higher in positive test results over a seven day rolling average, as captured by [Johns Hopkins](#)

What can we cook?

Your group must provide a menu once your date has been confirmed. We will provide you with meal suggestions to give you some ideas. The meal should be balanced and include an entrée, starch, vegetables and/or salad and a dessert. We request that you do not prepare any pasta dishes or tacos as these are our standby meals when groups cancel at the last minute and we cannot fill the date. Also soup and sandwiches are not considered dinner items.

Can I cook the food in my own home kitchen?

No, RMHC Global Food Safety Guidelines specify no food can be prepared offsite unless it comes from a commercial kitchen and is kept at the proper temperature during transportation. This includes peeling, chopping, marinating, mixing, crock pots etc. Please understand this is of the utmost importance, as we have to adhere to food safety standards.

How many people will we be preparing for?

Our occupancy varies from day to day; expect to prepare for 12-25 people. You will be asked to call 24 hours ahead of your date to get a more accurate headcount. You must ensure you have enough food for all our guests.

What cookware and serve ware do you have?

Our kitchen is fully stocked with cookware, bakeware and serve ware, but if you require something specific (rice cooker etc.), you're welcome to bring it. The kitchen has 2 commercial stoves, 2 griddles, 4 residential ovens, 2 residential dishwashers, a gas (not propane) grill.

Do we need to provide drinks?

You do not need to provide drinks; our families have access to coffee, tea, juice, milk and soda.

Can we bring in more than 4 people to cook?

No – due to the current health situation we have reduced the group size to 4 (four) people. Additional people who arrive with the group of four WILL NOT be permitted entry to the House. If you have more than four people who want to participate in making a meal, please consider signing up for a second date. Due to security reasons we cannot allow groups to swap people in and out.

Can we bring children in our group?

No. For the health and safety of everyone, we do not permit anyone under 18 to participate in this activity currently.

How long will we be at the House?

This is a 2 hour time commitment. Groups should have the meal ready for 5.30pm before they depart.

Is it OK to just prepare the meal then leave?

Yes, groups are required to prepare the meal, ready for us to serve, but we ask that you clean up the kitchen as you go.

Can I join another group who's already signed up to cook?

No, sorry we can't add you to another group of people who are cooking.

What if we need to cancel?

We request that should you have to cancel your date that you provide us with at least 14 days' notice, so that we can try and fill the slot. If you are unable to provide 14 days' notice, please consider a \$50 donation to the House for us to purchase ingredients, having a meal delivered from a local restaurant or providing a restaurant gift card. The donation could be tax deductible. Due to the popularity of our meal programs, groups who no-show or cancel with little notice multiple times, may be excluded from participating in our meal programs.

Dress Code

The dress code is closed toe shoes, pants/capris/knee length shorts or skirt, long or short sleeved shirt/blouse/t-shirt and face mask. Ripped or torn pants/jeans, "short" shorts, spaghetti straps, off the shoulder tops, tank tops, open toe shoes/sandals, face gaiter or bandana are not permitted.

Behavior

We encourage this to be a fun and fulfilling time for your group, however groups who are loud and disruptive will be asked to leave. We would strongly encourage you to hold meetings and social time once you have left the House.