



Caring Cards for Lunches

- Purchase 3 x 5 index cards (colored or white) or pick them up at the Ronald McDonald House (*advance notice required for large quantities - over 100*)
- Decorate **both** sides of the card with lots of color & put on a greeting
- **Please** return cards to the House within 2-3 weeks



Please read the following guidelines & FAQs thoroughly before beginning to decorate the cards

Decorating Guidelines - Do's and Don'ts

You **CAN** use crayons, markers, colored pencils, stencils, and/or ink stamps - but please **DON'T** use **any type of sticker or anything glued to the card (such as a photo cut from a magazine), any glitter (including glitter pens or loose glitter), paint, chalk, tape or staples.**

You can include messages such as “You are strong”, “Keep Smiling”, “Enjoy Your Lunch” “You have strength”, etc. or you could include simple riddles, tic tac toe - but please **DON'T** use **religious messages/references, religious pictures/symbols, frightening images or references to specific illnesses or diseases.**

NOTE: If the cards have any of the items listed in **red** above, we won't be able to use them for our Lunch Program

Be creative and have fun!

Lunch is On Us! Bag and Card Decorating FAQs

Why am I decorating these bags and cards? To make a family member sitting at their child's bedside smile. Sitting with a sick child can be a very stressful time. A bright and cheerful decorated bag or card can bring a smile to a parent's face and may relieve some of that stress that they are going through.

Who receives the decorated bags and cards? Mostly moms, dads, grandmas, granddads, aunts, uncles etc.... The patient (child) is often too sick or little (think babies) to see the bag.

What words can I put on the bags or cards? Try to put yourself in the position of the person who may be getting the bag or card you're decorating. Please **don't** write on words such as - good job, congratulations, it'll get better, you can beat cancer, well done graduate, happy birthday, this is a good day, have faith, religious references and similar words or sayings. Some words and sayings which are more thoughtful could be - you have strength, we are thinking of you, enjoy this lunch or silly jokes or riddles.

What pictures or drawings can I put on the card or bags? You can be very creative with lots of color on **BOTH** sides of the bag/card. Cartoon characters (Disney, Looney Tunes, Cartoon Network etc.), animals, hearts, flowers and trees, abstract designs are all great to include, but be creative. Drawing scary pictures (frightening characters, guns etc.) is **not** what we're looking for.

Other important info - unusable bags, community service hours

Bags/cards we WON'T be able to use - If we get bags/cards with the following items on we won't be able to use them for our Lunch Program - frightening images, **any** type of stickers, glitter (this includes glitter pens, pencils and glitter glue), paint, tape - scotch or decorative, such as washi etc., pictures cut from magazines, comics etc. If bags are returned to us with grease marks, they're unusable too. Bags that are not a size 8/8lb - please refer to the dimensions on the instructions above to ensure you have the correct size.

Community Service Hours for School or College - From March 2020 we will only certify **up to** a maximum of 3 (three) hours per month for decorating cards/bags. The amount of time given will be determined by RMHC upon reviewing the cards/bags. We cannot guarantee your hours will be signed off immediately upon return. It may take up to 7 (seven) business days to sign your paperwork - please keep this in mind when turning them in and plan ahead if you have a deadline. We will not certify hours for decorating the incorrect size of bag (we need a #8/8lb bag) or bags/cards with stickers, glitter, paint etc., as we will not be able to use the bags for our lunch program.

Court Ordered Community Service Hours - we will **NOT** sign court paperwork for decorating bags or cards.