



FAQ's - Breakfast Program & Clean Up Crew

What can we make for breakfast?

Breakfast foods can include bacon, sausage, ham, hash browns, eggs, pancakes, waffles, omelets, fresh fruit, yogurt, bagels, muffins, Danish pastries, crepes, grits, biscuits and gravy, French toast, breakfast casserole, quiche/frittata, cinnamon rolls.

Can I cook the food in my own home kitchen?

No, RMHC Global Food Safety Guidelines specify no food can be prepared offsite unless it comes from a commercial kitchen and is kept at the proper temperature during transportation. This includes peeling, chopping, marinating, mixing, crock pots etc. Please understand this is of the utmost importance, as we have to adhere to food safety standards.

How many people will we be preparing for?

Our occupancy varies from day to day; expect to prepare for anything between 10-25 people. You will be asked to call 24 hours ahead of your date to get a more accurate headcount. If your group would like to eat with our families, please increase the amount of food you prepare to accommodate this. Even though we ask you to prepare for a certain number of people, you may not see some of our families for breakfast, as they may want a relaxing morning, but will come to see what has been prepared closer to lunchtime.

What cookware and serve ware do you have?

Our kitchen is fully stocked with cookware and bakeware, but if you require something specific, you're welcome to bring it. The kitchen has 2 commercial stoves, 2 griddles, 4 residential ovens, 2 residential dishwashers. We encourage you to use the crockery and cutlery we have, but you may use plastic cutlery and paper (not Styrofoam) plates.

Do we need to provide drinks?

You do not need to provide drinks; our families have access to coffee, tea, juice, milk and soda.

How long will we be at the House?

This is a 3-hour time commitment. Breakfast is served at 9.30am. The earliest time you can arrive to begin cooking is 8am. Groups are required to prepare, serve and then clean up after breakfast. We have limited staff working during the weekend and they are not available to clean up after groups.

Can we bring in more than 10 people to make breakfast?

Groups of up to 10 are great for the size of our kitchen. When our families go to the kitchen, it can be overwhelming to be met with a very large group. If you have more than 10 people who want to participate in making breakfast, please consider signing up for a second date. However if your group would like to add on a Clean Up Crew to the breakfast activity, up to 10 more volunteers can help with

chores around the House. Due to security reasons we cannot allow groups to swap people in and out – we need to know how many people are in the House.

Can we bring children in our group?

Yes, but they are considered part of the group of 10/20 and must be actively supervised at all times by an adult from the group.

Can I join another group who's already signed up to make breakfast?

No, sorry we can't add you to another group of people who are cooking.

I'm not feeling well; can I still come to the House?

No, because some of our residents could have compromised immune systems getting an infection could be very dangerous to their health. If you are not feeling well please don't attend with your group. Please do not visit the House if you currently have or recently had the common cold, flu, chicken pox, shingles, measles, sore throat or any other communicable disease. This includes children who are coming with a group.

What will the Clean-up Crew be doing?

While the rest of the group are making breakfast, the Clean-up Crew will be helping with chores around the House, such as dusting, vacuuming, cleaning windows, sweeping the floors, yard work, etc.

Clean-up Crew supplies

We will provide all the supplies and cleaning products for you to use while are at the House.

What if we have to cancel?

We request that should you have to cancel your date that you provide us with at least 14 days' notice, so that we can try and fill the slot. If you are unable to provide 14 days' notice, please consider a donation to the House for us to purchase breakfast items from the grocery store. The donation could be tax deductible. Due to the popularity of our meal programs, groups who no-show or cancel with little notice multiple times, may be excluded from participating in our meal programs.

Dress Code

The dress code is closed toe shoes, pants/capris/knee length shorts or skirt, long or short sleeved shirt/blouse/t-shirt. Ripped or torn pants/jeans, spaghetti straps, off the shoulder tops, tank tops, open toe shoes/sandals are not permitted

Behavior

We encourage this to be a fun and fulfilling time for your group, however groups who are loud and disruptive will be asked to leave. We have guest bedrooms above the kitchen, loud voices can be heard upstairs in our bedrooms, so we request you to keep this in mind when communicating to the people in your group during breakfast preparation. We would strongly encourage you to hold meetings and social time once you have left the House. Our families are under a great deal of stress, we want to provide them with a calm and stress free mealtime.