



Breakfast Program - FAQ's

What can we prepare?

Breakfast foods can include bacon, sausage, ham, hash browns, eggs, pancakes, waffles, omelets, fresh fruit, yoghurt, bagels, muffins, Danish pastries, crepes, grits, biscuits and gravy, French toast, breakfast casserole, quiche/frittata, cinnamon rolls.

Can I cook the food in my own home kitchen?

No, RMHC Global Food Safety Guidelines specify no food can be prepared offsite unless it comes from a commercial kitchen and is kept at the proper temperature during transportation. This includes peeling, chopping, marinating, mixing, crock pots etc. Please understand this is of the utmost importance, as we have to adhere to food safety standards.

How many people will we be preparing for?

Our occupancy varies from day to day; expect to prepare for anything between 12-35 people. You will be asked to call 24 hours ahead of your date to get a more accurate headcount. If your group would like to eat with our families, please increase the amount of food you prepare to accommodate this.

What cookware and serve ware do you have?

Our kitchen is fully stocked with cookware and bakeware, but if you require something specific (waffle maker etc.), you're welcome to bring it. We have full sets of crockery and cutlery for you to use, but for ease of clean-up you are welcome to bring plastic cutlery and paper (not Styrofoam) plates.

I'm not feeling well; can I still come to the House?

No, because some of our residents could have compromised immune systems getting an infection could be very dangerous to their health. If you are not feeling well please don't attend with your group. Please do not visit the House if you currently have or recently had the common cold, flu, chicken pox, shingles, measles, sore throat or any other communicable disease. This includes children who are coming with a group.

Do we need to provide drinks?

You do not need to provide drinks; our families have access to coffee, tea, juice, milk and soda.

How long will we be at the House?

This is a 3-hour time commitment. Groups are responsible for cleaning the kitchen and packing away leftovers after the meal. The earliest time you can arrive to begin cooking is 8am.

Is it OK to just cook the meal then leave?

No, groups are required to prepare, serve and then clean up after breakfast. We have limited staff working during the weekend and they are not available to clean up after groups.

Can we bring in more than 10 people to cook?

Groups of up to 10 are great for the size of our kitchen. When our families go to the kitchen, it can be overwhelming to be met with a very large group. If you have more than 10 people who want to participate in making a meal, please consider signing up for a second date. Due to security reasons we cannot allow groups to swap people in and out – we need to know how many people are in the House.

Can we bring children in our group?

Yes, but they are considered part of the group of 10 and must be actively supervised at all times by an adult from the group.

Can I join another group who's already signed up to make breakfast?

No, sorry we can't add you to another group of people who are cooking.

Other Information

We encourage this to be a fun and fulfilling time for your group, however groups who are loud and disruptive will be asked to leave. We would strongly encourage you to hold meetings and social time once you have left the House. Our families are under a great deal of stress, we want to provide them with a calm and stress free mealtime.